



314 South Broadway, Rt. 28, Salem, NH 03079
Tel: 603-898-9946 1-800-869-7251
Email: GetFit@FescoFitnessEquipment.com

Rower Maintenance Tips

For More Information Contact:

Fitness & Equipment Supply Company ~ 314 South Broadway, Rt. 28, Salem, NH 03079
Tel: 603-898-9946 Fax: 603-898-6640

NOTE: This material is offered for information purposes only. For complete safety information please contact the manufacturer of the equipment.

Be certain to follow ALL safety procedures as advised by the manufacturer or contact the fitness equipment professionals at FESCO for information and assistance.

IMPORTANT NOTE: Read your equipment owner's manual.

Just reading through your owner's manual may save you from costly repairs. All maintenance procedures should be listed in the owner's manual, along with troubleshooting guidelines, parts listings, and instructions for repairs. Damage to your equipment from improper use or unauthorized tampering can result in the manufacturer voiding the warranty.

Be Healthy, Be Safe.

-Thank you from all of us at FESCO.

Rower Care & Maintenance

Your equipment is made of the highest quality materials. It is important that you take care of your rower on a regular basis.

- Your Rower is for indoor use only and should not be used or stored in damp areas.
- Wipe all perspiration from your Rower after each use.
- The Rower should be dusted and cleaned on a regular basis to stop build-up of dust. Use Windex or an alcohol-based cleaner on a clean cloth on a regular basis.
- Do not use any abrasive cleaners, as this will damage the surface.

If in doubt about proper handling of your equipment, contact either the manufacturer or **Fitness & Exercise Supply Co. at (603) 898-9946** for recommended care.